

Medication algorithm (anxiety disorders)

1st trial:

Try an SSRI

2nd trial:

Try another SSRI or an SNRI

3rd trial

Panic Disorder:
Consider Imipramine
or Clomipramine
or Pregabalin

GAD/Social Anxiety:
Consider Gabapentin
or Pregabalin

PTSD:
Consider (augmentation
for sleep disturbance)
Prazosin

?4th trial

Partial response for any disorder:
Consider addition 2nd agent
(e.g., mirtazapine + SSRI, TCA + SSRI,
if also depressed, bupropion + SSRI/SNRI)

Consider psychiatric consult
or referral (before considering
Benzodiazepine or Atypical AP)