**Mental Health Resources for Members**

**National Alliance on Mental Illness (NAMI)** [http://www.nami.org/#](http://www.nami.org/)

**Anxiety and Depression Association of America** <http://www.adaa.org/>

**Depression and Bipolar Support Alliance (DBSA)** <http://www.dbsalliance.org/site/PageServer?pagename=home>

**Substance Abuse and Mental Health Services Administration (Samsha)** [www.samsha.gov](http://www.samsha.gov)

**National Eating Disorders Association (NEDA)** <http://www.nationaleatingdisorders.org/>

For health and human services information visit <http://www.211search.org/>

**Substance Abuse Resources for Members**

**National Council on Alcoholism and Drug Dependence, Inc. (NCADD)** [www.ncadd.org](http://www.ncadd.org)

**National Institute on Alcohol Abuse and Alcoholism (NIAAA)** [www.niaaa.nih.gov](http://www.niaaa.nih.gov)

**Substance Abuse and Mental Health Services Administration (Samsha)** [www.samsha.gov](http://www.samsha.gov)

**Narcotics Anonymous World Service Office** <http://www.na.org/>

**Alcoholics Anonymous World Service Office** <http://www.aa.org/>

**Providers please contact BHCP if you need assistance managing your member’s care at 1-800-538-9698.**